

Kathara Deftera Celebration & Pot Luck Dinner

in our Church Hall

Monday, February 19th

4:00-6:30 pm

All families, parishioners and friends are welcome!

There will be activities for the children, fellowship, prayer
and good Lenten food for all!

Please bring a Lenten dish or dessert (such as Halva) to share....



Kathara Deftera is also known as **Ash Monday**, or **Clean Monday**. It is **the first day of the Great Lent** of the Orthodox Church, which starts 7 weeks before Easter Sunday.

It is called "**Clean**," because we leave behind all sinful attitudes and non-fasting foods.

It is also **a day for all children**, because traditionally they used to not have school but instead go to parks and countryside to fly a kite!

It is also **a day for adults**, because they organize picnics with Lenten food. It is an opportunity to be with friends and relatives, but also to remember one's own childhood by helping the young ones with their kites!

WE HOPE TO SEE ALL OF YOU THERE! KALA KOULOUMA !

(which is the traditional wish shared on that day)